

Makes deliberate efforts to develop and sustain friendships, networks (contacting, visiting, etc)	11
Keeps/shares photos of pets, friends, family, others and numbers in cell phone	8
Makes eye contact	8
Positive gesture/facial expressions such as waving, smiling, reaching out, facing the person you are speaking to	8
Assisting others when others are in need	7
Does volunteer work in special interest groups	7
Listens actively	7
Calling others	6
Mirrors body language, leans towards others, mirrors facial expressions	6
Talking about friends, pets, family, others in positive way	5
Keeps items that have positive meaning in their life (sentiment, memories, reminders)	5
Follows through	5
Shares stories (positive as well as negative)	5
Display or keeping photos	4
Talks about future plans that involve others	3
Talks about activities shared with others or talks about thinking about those activities	3
Willing to forgive or work towards forgiveness	3
Reaches out to touch others on greeting, when they are in pain, and other appropriate times	3
Uses tools, kitchen utensils, furniture and others items from family/friends that have passed	3
Belongs to social networks, groups, clubs	3
Belongs to sports team, musical group, other special interest group	3
Seek connection with others	3
Respectful of others	3
Asks questions	3
Is able to recognize their own biases and suspend them (judgments)	3
Interacts in conversations, nods in agreement	3
Laughs at self and appropriate situations (humor)	3
Is authentic (connected to self, and self-aware, shares hopes and fears)	3
Cooking and eating with others, entertaining	3
Offers and willing to receive support from peers and others	3
Consistent sexual partner	3
Anticipates visits with pleasures	2
Makes and keeps scrap books	2
Positive dreams about others, pets	2
Ability to feel loss or absence and experiences this in terms of people, pets, spirituality, etc.	2
Talks about lessons (positive and negative) learned from others	2
Wearing symbols of religion	2
Conscious of ability to traumatize others with history	2
Uses social networking in an appropriate way (Facebook, Twitter, MySpace, etc.)	2
Plans or participates in celebrations	2
Tattoos of pets, people they hold dear	1
Playing others' favorite songs and talking about the connection	1
Takes vacations by self or with others	1
Engages with their spirituality / religious tradition	1
Attentive to personal space (self and others')	1
Stops work/activity to say hello/check-in with colleague	1
Remembers what matters to others	1
Breathes--remembers to and practices regular breathing	1